



GREEN PATH

The route follows the scenic left-bank flood protection dike of the Gauja River, stretching from Ādaži to Carnikava Beach. Suitable for nature lovers and families with children.



Download the
GPX file



Foto: Armands Brants



~13.5km



INTERMEDIATE



1-1,5 h

STARTING POINT: Kadaga Bridge (57.080004, 24.338568)

END POINT: Carnikava Beach (57.143679, 24.242020) or Laivu iela 2, Carnikava.

ROUTE: A linear trail along the left-bank flood protection dike of the Gauja River. Motorized traffic is prohibited. Some sections have steep banks.

ALTERNATIVE: The section between Ādaži and Muižas iela can be taken along Rīgas iela. The route is bidirectional.

MARKING: Unmarked, follows the Gauja flood protection dike.

SURFACE: 85% dirt road, 15% cobblestone.

BICYCLE TYPE: Off-road bike

RECOMMENDED PERIOD: February – November.

GOOD TO KNOW: The promenade is busy on weekends – ride carefully! Picnic spot – at the end of Atpūtas iela in Carnikava.

LOGISTICS: The starting point can be reached by bus to the "Ādažu Skola" stop. From Carnikava, buses run to Ādaži, and the Skulte–Rīga train line is also available.



Foto: Inese Austruma



SERVICES

Useful services and shopping options for tourists

1. **SUP Life Ādaži kayak and SUP board rental** +371 28066166
2. **Laivot Gauja SUP board, boat and raft rental** +371 29223354
3. **Boards You SUP boards, boats, and bike rental** Laivu iela 2a, Carnikava, +371 26222212
4. **Leiputrija campsite with sports equipment rental** "Stirniņas", Ilķene, +371 29267705
5. **Lietu Tirgotava flea market** Kārklū iela 1, Ādaži, +371 26428288
6. **VELODOMS bicycle workshop** Rīgas iela 23, Carnikava, +371 26229589
7. **Shopping center Mandarīns** Atpūtas iela 1, Carnikava
8. **Shopping center Apelsīns** Rīgas Gatve 5, Ādaži



ACCOMMODATION

Various accommodation options near the route

1. **EPA holiday house** Lašu iela 41, Carnikava +371 26698877
2. **Gauja Upe holiday house** "Dardedze", Gauja, +371 29108393
3. **Port Hotel hotel and restaurant** Rīgas Gatve 4, Ādaži, +371 27419999
4. **Abzaļi hotel and restaurant** Kadaga, +371 25665445
5. **Jaunstūrīši guest house** Jaunstūrīšu iela 4, Ādaži, +371 22000010
6. **Čill Easy hotel** Attekas iela 14, Ādaži, +371 28558878
7. **Gungas guest house** Divezeri, Ādaži Parish, +371 29482255
8. **Dūņu Krogs holiday house** Dūņi, Divezeri, Ādaži Parish, dunukrogs@gmail.com
9. **Labā Pirts guest house** Bērzu iela 11, Kadaga, +371 29455225
10. **Carnikavas Piestātne holiday houses** Jomas iela 4, Carnikava, +371 27881354
11. **Baltrozes holiday house** Vētru iela, Carnikava, +371 26547466



GAUJA RIVER TRIPS

Opportunity to enjoy natural landscapes

1. **Carnikava Wooden Boats** Laivu iela 6, Carnikava, +371 27742612
2. **Carnikava boat Sarnikau** Laivu iela 6, Carnikava, +371 26011966
3. **Recreational Raft Koivemundi** Jomas iela 7, Carnikava, +371 26011966
4. **Zvejnieka tūres** Jomas iela 7, Carnikava, +371 28663898



WHERE TO EAT?

Cafés and restaurants to visit during the trip

1. **KEBAB Factory** Gaujas iela 26, Ādaži, +371 20056060
2. **Maxi Sushi** Gaujas iela 33A, Ādaži, +371 24420442
3. **Mario Pizza & Pasta** Gaujas iela 22, Ādaži, +371 27232000
4. **JS Meistardarbs** Gaujas iela 11, Ādaži, +371 26111778
5. **ORO Pizza** Gaujas iela 8, Ādaži, +371 29488327
6. **GUSTAVbekereja** Atpūtas iela 1, T/C "Mandarīns", Carnikava
7. **Tīne** Rīgas iela 18, Carnikava, +371 29684818
8. **Rūna** Atpūtas iela 1, T/C "Mandarīns", Carnikava, +371 20933818
9. **Aidā Jūriņā** ☀ Laivu iela 2A, Carnikava, +371 29929767
10. **Kafe Maza Upe** ☀ Laivu iela 2A, Carnikava, +371 29808876



ĀDAŽU
NOVADS



Rīgas iela 16, Carnikava,
Ādaži Municipality, LV-2163



+371 29326285



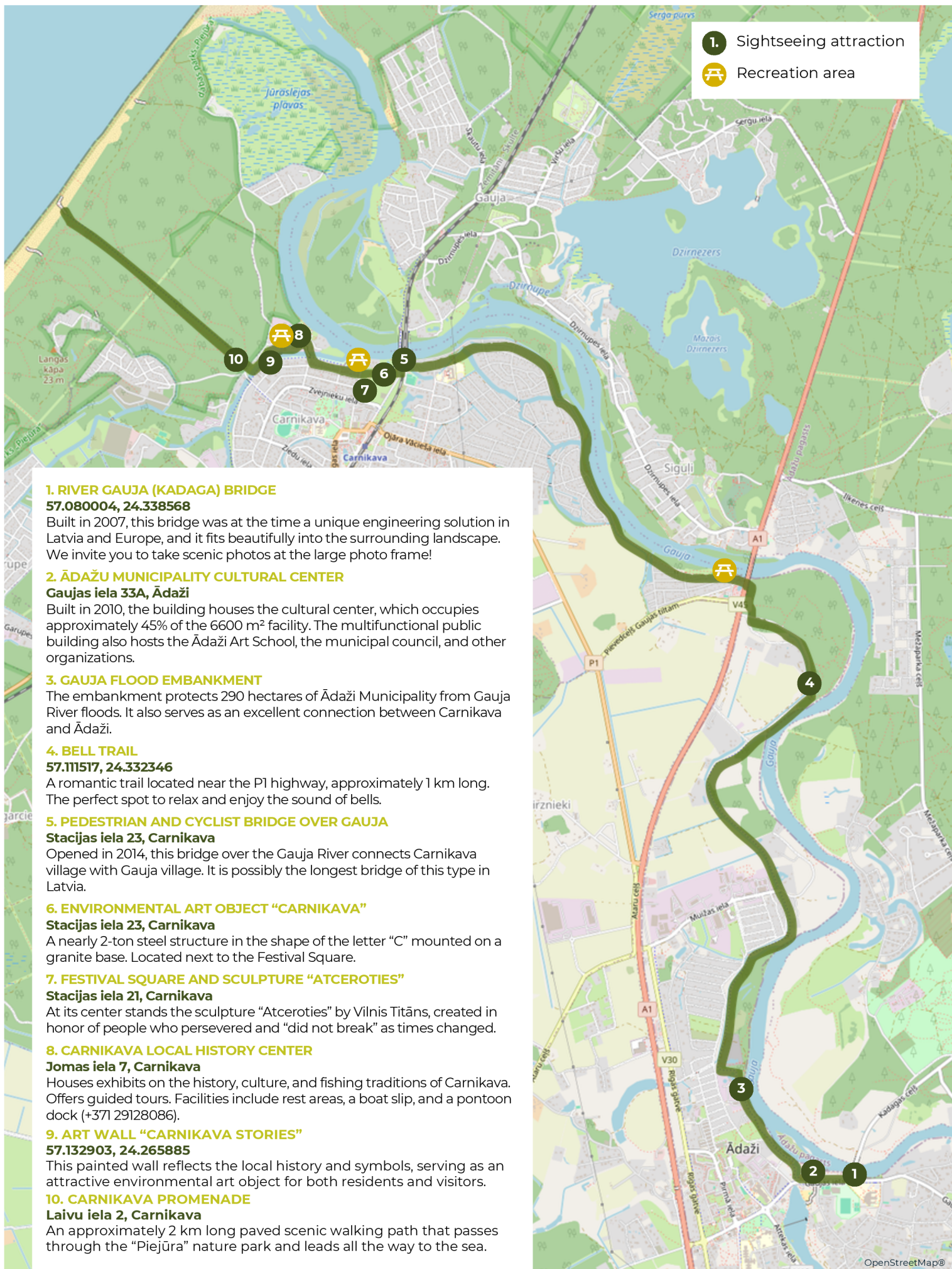
Visit Ādažu novads



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turisms.adazi.lv



1. RIVER GAUJA (KADAGA) BRIDGE

57.080004, 24.338568

Built in 2007, this bridge was at the time a unique engineering solution in Latvia and Europe, and it fits beautifully into the surrounding landscape. We invite you to take scenic photos at the large photo frame!

2. ĀDAŽU MUNICIPALITY CULTURAL CENTER

Gaujas iela 33A, Ādaži

Built in 2010, the building houses the cultural center, which occupies approximately 45% of the 6600 m² facility. The multifunctional public building also hosts the Ādaži Art School, the municipal council, and other organizations.

3. GAUJA FLOOD EMBANKMENT

The embankment protects 290 hectares of Ādaži Municipality from Gauja River floods. It also serves as an excellent connection between Carnikava and Ādaži.

4. BELL TRAIL

57.111517, 24.332346

A romantic trail located near the P1 highway, approximately 1 km long. The perfect spot to relax and enjoy the sound of bells.

5. PEDESTRIAN AND CYCLIST BRIDGE OVER GAUJA

Stacijas iela 23, Carnikava

Opened in 2014, this bridge over the Gauja River connects Carnikava village with Gauja village. It is possibly the longest bridge of this type in Latvia.

6. ENVIRONMENTAL ART OBJECT "CARNIKAVA"

Stacijas iela 23, Carnikava

A nearly 2-ton steel structure in the shape of the letter "C" mounted on a granite base. Located next to the Festival Square.

7. FESTIVAL SQUARE AND SCULPTURE "ATCEROTIES"

Stacijas iela 21, Carnikava

At its center stands the sculpture "Atceroties" by Vilnis Titāns, created in honor of people who persevered and "did not break" as times changed.

8. CARNIKAVA LOCAL HISTORY CENTER

Jomas iela 7, Carnikava

Houses exhibits on the history, culture, and fishing traditions of Carnikava. Offers guided tours. Facilities include rest areas, a boat slip, and a pontoon dock (+371 29128086).

9. ART WALL "CARNIKAVA STORIES"

57.132903, 24.265885

This painted wall reflects the local history and symbols, serving as an attractive environmental art object for both residents and visitors.

10. CARNIKAVA PROMENADE

Laivu iela 2, Carnikava

An approximately 2 km long paved scenic walking path that passes through the "Piejūra" nature park and leads all the way to the sea.